



# LINDUM FOOD & DRINK TRAINING



## **Essential First Aid** **For the** **Appointed Person in the Workplace** **Certificate**

This qualification is recognised by the Health & Safety Executive as being extremely valuable, appropriate for all employees and covers the recognition and correct effective treatment of common First Aid situations.

Held at The Windmill Training Centre,  
Batemans Brewery  
Wainfleet, Skegness  
Lincs PE24 4JE

This ½ day Course runs from 1. pm until 4. pm

& is trainer assessed & certificated

Lecturer: Dawn Lilley, Waddington First Aid Training

### COURSE CONTENT

- Contents of your first aid box
- The recovery position
- CPR
- Choking, bleeding & broken bones
- Burns and scalds
- Pills and poisons
- Epileptic seizure
- Heart conditions
- Other topical issues

### COURSE PRICE

Course Price £240 for up to 12 candidates

**Included is certificate, relevant handouts, refreshments & a  
Brewery Tour if required**